



# SUMMER CAMPS 2025

AGES 4-14

## CAMP HOURS AND PRICING

Full Day	Morning	Afternoon	Extended Care
10AM-4PM	10AM - 1PM	1PM - 4PM	8:30-10AM & 4-5:30PM
\$45/day	\$25/day	\$25/day	\$15/day

Additional membership fee required. Up to 5 days \$23, more than 5 days \$52 (membership valid until June 30th, 2026.)

## DISCOUNTS AVAILABLE

Sibling  
5%

Weekly  
10%

25-29 Days  
20%

30 Days+  
25%

Book 25 or more days by June 30 to qualify for discount, contact [admin@athabascaflips.ca](mailto:admin@athabascaflips.ca) after booking to apply.

*\*Note: Discounts cannot be combined. Extended hours and membership do not qualify for discounts.*

## WHAT TO BRING

- Gymnastics friendly clothing (no buttons, zippers, or hoods)
- A clean, dry change of clothes and sun hat
- Hair tied back, no jewelry (except studs or medic alert)
- Snacks, lunch, and water bottle (no food provided)
- Sunscreen & bug spray
- Swimwear and towel on spray park days
- No electronics please

*\*Please note, coaches (supervisors) are not allowed to apply sunscreen or bug spray to children.*

thanks  
for your  
support



Local  
Wellness  
EST. 2022

Riverside  
EyeCare

July 2025

SUN	MON	TUE	WED	THU	FRI	SAT
	30 Jump Into Summer 	 CLOSED	2 Shark Week 	3 Gymnastics/ Spray Park 	4 Ninja/ Parkour 	5
6	7 Rock n' Roll 	8 Over, Under, Around 	9 Jurassic Park 	10 Gymnastics/ Spray Park 	11 Forts & Tunnels 	12
13	14 Alien Invasion 	15 Monkey Business 	16 Harry Potter 	17 Gymnastics/ Spray Park 	18 CLOSED	19
20	21 Escape Rooms 	22 Under Construction 	23 Disney Day 	24 Gymnastics/ Spray Park 	25 Christmas in July 	26
27	28 Under the Sea 	29 Wild West 	30 Dr. Seuss 	31 Gymnastics/ Spray Park 		

August 2025

SUN	MON	TUE	WED	THU	FRI	SAT
					1 Bean Bag Bonanza 	2
3	4 CLOSED	5 Unicorns and Dragons 	6 Mario and Minecraft 	7 Gymnastics/ Spray Park 	8 Carnival Games 	9
10	11 Hawaiian Luau 	12 Bugs and Butterflies 	13 Backwards Day 	14 Gymnastics/ Spray Park 	15 CLOSED	16
17	18 Robots and Machines 	19 My Pet Monster 	20 Pirates and Mermaids 	21 Gymnastics/ Spray Park 	22 Final Flip 	23
24/31	25	26	27	28	29	30

\*Please see back page for camp and cancellation policies.

For more information visit the website or email [admin@athabascaflips.ca](mailto:admin@athabascaflips.ca)

## **FLIPS Summer & Day Camp Policy – At a Glance**

### **Payment Policy**

- All fees must be paid in full before the start of camp

### **Cancellations & Transfers:**

- 2+ weeks before camp: Full refund or account credit.
- 5–13 days before: Full refund minus \$10 fee, or full credit (no fee).
- 4 days or less: No refund or credit.

### **Medical cancellations:**

- Full refund or credit with doctor's note.

### **Missed Time:**

- No partial refunds for missed time due to illness or other reasons.

### **FLIPS Cancellations:**

- If FLIPS cancels (e.g., weather, illness), a full non-refundable credit will be issued.

***\*Please note: Credits are non-refundable but never expire and can be used online***

### **Participation and Safety**

- Children unable to adhere to staff instruction and safety requirements will be removed from the program without refund or credit.
- Socks required for warts

### **Drop-Off & Pick-Up:**

- Doors open 10 mins before camp starts.
- \$25 late fee for late pickups.
- Extended hours may be available for purchase.

### **Waivers Required:**

- All forms must be completed before drop-off.
- New waivers required starting July 1.
- Digital and paper versions available at the gym

*Scan the QR codes below to access waiver forms.*

Minor AGF  
Waiver & PIPA



Off-Site Activity  
Consent Form



Gymnastics Club

**SUMMER**  
*Camps*  
**2025**



[www.athabascaflips.ca](http://www.athabascaflips.ca)

