



# Gymnastics SUMMER Camps

Athabasca FLIPS Gymnastics Club  
4705-48 Avenue  
Athabasca, AB T9S 1B3  
(587) 746-0516  
admin@athabascaflips.ca

## PARENT FAQ

### **What should my child wear?**

Camp is active. Campers should wear comfortable clothing suitable for movement. Clothing may get messy during crafts or outdoor play. To maintain child, coach, and equipment safety, keep clothing free from buttons, zippers, hoods, and buckles.

### **What if my child is nervous or shy?**

This is completely normal. Coaches support campers as they adjust and encourage participation at a comfortable pace.

### **What if my child gets hurt?**

Minor injuries (such as small scrapes or ice packs) are documented and treated by staff. Parents are contacted for injuries that require additional care.

### **What if my child has a behaviour concern?**

Camp is a learning environment. Staff use positive coaching and redirection strategies. Parents will be contacted if behaviour affects safety or requires follow-up.

### **Will my child be outside every day?**

Outdoor time depends on weather conditions but is scheduled daily. Activities may be adjusted for heat, rain, or air quality.

### **My child said they were bored. What does that mean?**

Camp includes structured activities and short transition or downtime moments. Boredom can happen briefly and is part of learning to self-regulate.

### **What happens if we will be late?**

Please notify the gym office by emailing admin@athabascaflips.ca. Late arrivals will be added to their group upon arrival.

### **Who can pick up my child?**

Only authorized adults listed at registration may sign out campers.

### **Why do I have to pay a membership fee?**

Membership fees are a combination of charges that provides insurance coverage and legal support in the event that an unfortunate injury is incurred during gymnastics instruction. Fees are charged once during the fiscal year (July 1 – June 30). Only a small portion (10-12%) of this fee remains with Athabasca FLIPS, as the majority is remitted to Gymnastics Canada (GCG), Alberta Gymnastics Federation (AGF), and the insurance provider. For more information about registration and insurance information, please check out the AGF Membership Registration page (click [here](#))