



# Recreational Gymnastics Classes

Session #2 February 17 to June 12, 2026

athabascaflips.ca  
rec@athabascaflips.ca  
587-756-0516  
4705-48 Ave Athabasca

**Gymnastics For All (GFA) Membership included!**  
Also good for day camps, drop-ins, & birthdays until June 30, 2026  
Current members are eligible for discounts.

## MONDAY

13 classes

**Little Flippers**  
\*Guardian Participation  
Co-ed, 1.5-3.5 yrs  
5:00 - 5:45 pm  
\$204

**CanGym C**  
Intermediate Girls  
6-9 yrs  
6:00-7:15 pm  
\$295

**CanGym D**  
Advanced Girls  
9+ yrs  
6:15-8:15 pm  
\$431

**Tumbling**  
Co-ed  
8+ yrs  
7:15-8:15 pm  
\$249

## TUESDAY

16 classes

**CanGym A**  
Beginner, Co-ed  
6-8 yrs  
5:30-6:30 pm  
\$291



## WEDNESDAY

16 classes

**CanGym A**  
Beginner, Co-ed  
9-12 yrs  
4:45-5:45 pm  
\$291

**CanGym C**  
Intermediate Girls  
9-12 yrs  
5:45-7:00 pm  
\$347

Independent Adult Program

**CAPTivate Gymnastics**  
Co-ed, all levels  
16 yrs+  
6:30-8:30 pm

Information & registration at  
captivategymnastics.com

## THURSDAY

16 classes

**Flippin' Terrific**  
Co-ed  
3.5-5 yrs  
5:00-6:00 pm  
\$291

**CanJump**  
Trampoline & Tumbling  
Co-ed, 7+ yrs  
7:00-8:15 pm  
\$347



## FRIDAY

12 classes

 **Madelyn's Monarchs**  
Inclusive gymnastics where exceptional children can spread their wings

**High Flyers**  
Co-ed, 10-14 yrs  
5:30-6:30  
\$235



Excludes Volunteer Deposit of \$200 and Fundraising Deposit of \$200 per Rec family. Both required on or before first day of class.