



# Athabasca FLIPS Gymnastics Club

## JOB POSTING #2023-1

### Coach-In-Training

#### SUMMARY

Athabasca FLIPS Gymnastics Club is seeking responsible 13 to 17 year olds to fill Coach-In-Training (CiT) positions for the 2021-2022 gymnastics season.

The Pre-CiT program, for 13 and 14 year olds, was created to allow younger potential coaches to begin training before they are eligible to participate in NCCP courses. This volunteer position averages 1 to 4 hours per week, mainly evenings and weekends. Pre-CiT candidates may only assist a certified coach with programs for preschoolers or for children aged 6-10. Pre-CiTs will **never** be given sole responsibility for a group of children.

The CiT program, for ages 15 to 17, is a part-time contract position averages 2 to 6 hours per week, mainly evenings and weekends, based on programming requirements. We offer competitive rates and scheduling flexibility. Reporting to the Head Coach, the Coach-in-Training will work with current staff to assist with all aspects of FLIPS recreational gymnastics program operation.

Special events, day camps, and drop-in classes offer opportunity for more hours. Sessions typically run from September to June, with summer and holiday programming options. Successful applicants must have access to transportation to/from facility, be willing to complete required training and certification requirements, and enjoy working with children. Active since 1984, FLIPS has a long history of offering recreational, competitive, and community programs to the Athabasca area. We want you to join us and be an integral part of our future.

#### QUALIFICATIONS AND REQUIREMENTS

Anyone between the ages of 13 and 17 years who is enthusiastic, energetic and interested in learning how to coach can be a Pre-CiT or CiT. It is preferable to have had some previous ongoing sport participation (gymnastics, dance, figure skating, skiing, hockey etc), which may be at either a recreational or competitive level. Applicants do not need to have completed NCCP coaching courses to be considered.

#### ROLES AND RESPONSIBILITIES MAY INCLUDE:

Co-coach or assist with CanGym (Burgundy to Purple), CanJump (Levels 1 to 8), Gym Warrior, Pre School Programs, and Pre-Competitive and Competitive (Team) gymnastics (with Head Coach)  
Assist with drop-in classes, special events, day camps, birthday parties, and private rentals  
Class coverage for other coaches (as needed)  
Participate in staff meetings and personal Profession Development activities  
Minimal housekeeping, cleaning, and administration (tidy equipment, attendance lists, & progress reports)  
Maintain all required certifications  
Open and willing to upgrade training certifications as courses become available

#### PREFERRED SKILLS

- Must be a team player with high self-motivation and initiative
- Must be organized, punctual, and professional.
- Good communication and interpersonal skills (interaction with athletes and coaches)
- Acknowledges and implements suggestions and direction from supervising coaches
- Understands confidentiality
- Open coaching children of various ages and stages (recreational and preschool)
- Must be fluent in written and spoken English

#### APPLICATIONS

Interested applicants should send current resume with cover letter to Kathryn Cyr at [admin@athabascaflips.ca](mailto:admin@athabascaflips.ca). Be sure to include past experiences as an athlete and coach (if applicable; not necessarily gymnastics), reasons for pursuing coaching, how well you work with children (include examples), and how becoming a coach will assist in your future field of studies.

Athabasca FLIPS thanks you for your application!